

**I. NCP**

Patient: R.C.S.B.

Age: 1 yr, 1 mo.

Sex: female

Hospital No: 060000086199

CUES	NURSING DIAGNOSIS	BACKGROUND KNOWLEDGE	PLANNING	NURSING INTERVENTIONS	RATIONALE	EVALUATION
<p>S&gt; “Nahhirapan yata syang huminga saka lagi na lang sumusuka ng plema,” as verbalized by the Pt’s grandmother.</p> <p>O&gt; (+) sputum production Rapid, shallow breathing (+) crackles, gurgles</p>	<p>Ineffective Airway Clearance related to inability to maintain clear airway as characterized by (+) sputum, (+) crackles, rapid &amp; shallow breathing</p>	<p>Bacterial microorganism enter the airways ↓ Inflammation of the lung/s ↓ Air sacs filled with pus &amp; other liquids ↓ Presence of obstructions in the airways ↓ Inability to breathe properly</p>	<p>After 8 hours of Nursing Intervention, the Pt’s breathing will have no more adventitious sounds present (crackles/gurgles) when auscultated</p>	<ul style="list-style-type: none"> <li>&gt; Monitor respiratory patterns, including rate, depth, and effort.</li> <li>&gt; Assist with clearing secretions from pharynx by offering tissues and gentle suction of the oral pharynx if necessary</li> <li>&gt; Provide postural drainage, percussion, and vibration as ordered</li> <li>&gt; Administer medications such as bronchodilators or inhaled steroids as ordered.</li> </ul>	<ul style="list-style-type: none"> <li>&gt; With secretions in the airway, the respiratory rate will increase</li> <li>&gt; It is preferable for the client to cough up secretions. Gentle suctioning of the posterior pharynx may stimulate coughing and help remove secretions</li> <li>&gt; Chest physical therapy helps mobilize bronchial secretions</li> <li>&gt; Bronchodilators decrease airway resistance secondary to bronchoconstriction</li> </ul>	<p>After 8 ours of Nursing Intervention, the Pt’s breathing had no more adventitious sounds (crackles/gurgles) present when auscultated</p>

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<p>S&gt; “May lagnat po yata ang anak ko,” as verbalized by the Pt’s mother.</p> <p>O&gt; febrile moist skin tachypnea, RR= 33 cpm (+) crackles</p> <p>Age: 1 yr.1 mo.</p>	<p>Altered body temperature related to bacterial invasion in the lungs as manifested by body temperature higher than normal, tachypnea, (+) crackles</p>	<p>Bacterial microorganisms (e.g. pulmonary pathogens) enter the airway            ↓            These bacteria/viruses infects the lung/s            ↓            Inflammation of the lung/s            ↓            Signs and symptoms of Pneumonia (e.g.temperature may be greater than 37.5°C), tachypnea, coughs with greenish secretions</p>	<p>After 2 hours of Nursing Intervention, the Pt’s temperature will decrease from 39.8 °C to normal range (36.6 - 37.5 °C)</p> <p>After 2 hours of Nursing Intervention, the Pt’s skin will cool off</p>	<p>&gt; Monitor Pt’s temperature q1 hr</p> <p>&gt; Encourage Pt to rest</p> <p>&gt; Encourage Pt to increase fluid intake</p> <p>&gt; Encourage the Pt’s guardian to do tepid sponge bath</p> <p>&gt; Administer antipyretic medications as prescribed</p>	<p>&gt; To determine if the Pt’s temperature is above the normal body temperature</p> <p>&gt; Allows the patient to recuperate physical strength</p> <p>&gt; To maintain hydration status and increased fluid intake helps lessen febrility</p> <p>&gt; Sponge bath with warm water evaporates off his skin, thus, cooling off the Pt</p> <p>&gt; Promotes return of body temperature to normal</p>	<p>After 2 hrs of Nursing intervention, the Pt’s temperature had decreased from 39.8 °C to 37.4 °C</p> <p>After 2 hrs of Nursing Intervention, the Pt’s skin has cooled off a bit</p>

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<p>S&gt; “Ayaw nyang kumain, yung gatas sinusuka lang naman nya,” and “Mas payat sya ngayon, dati ang lakas naman kumain” as verbalized by the Pt’s grandmother.</p> <p>O&gt; vomits ingested milk Food aversion Decreased wt weakness</p>	<p>Imbalanced Nutrition due to frequent vomiting and not eating the usual foods taken as manifested by decreased weight, food aversion, and weakness.</p>	<p>Bacteria or virus attacks the lung/s ↓ weakened immune systems ↓ Pneumonia ↓ Symptoms of Pneumonia: nausea or vomiting, may experience profound weakness w/c lasts for a long time.</p>	<p>After 4 hours of Nursing Intervention, the Pt will start taking foods which he usually eat (rice, crackers, chicken breast,etc)</p> <p>After 4 hours of Nursing Intervention, the Pt will not vomit anymore the ingested milk</p>	<p>&gt; Assess for recent changes in physiological status that may interfere with nutrition</p> <p>&gt; Provide companionship at mealtime to encourage nutritional intake</p> <p>&gt; Determine healthy body weight for age and height</p> <p>&gt; Assess client's ability to obtain and use essential nutrients.</p>	<p>&gt; The consequences of malnutrition can lead to a further decline in the patient's condition that then becomes self-perpetuating if not recognized and treated.</p> <p>&gt; Often toddlers will eat more food if other people are present at mealtimes.</p> <p>&gt; Protein-calorie malnutrition most often accompanies a disease process</p> <p>&gt; Cases of vitamin D deficiency have been reported among dark-skinned toddlers who were exclusively breast fed and were not given supplemental vitamin D.</p>	<p>After 4 hours of Nursing Intervention, the Pt started taking foods which he usually eat (crackers)</p> <p>After 4 hours of Nursing Intervention, the Pt didn't vomit anymore the ingested milk</p>