

## NURSING CARE PLAN

| ASSESSMENT   | DIAGNOSIS  | INFERENCE  | PLANNING  | INTERVENTION  | RATIONALE  | EVALUATION  |
|--|--|--|---|---|--|---|
| <p>Subjective:</p> <p>“Masakit ang tiyan ko” (<i>My tummy hurts</i>) as verbalized by patient.</p> <p>Objective:</p> <ul style="list-style-type: none"> <li>• Facial mask of pain.</li> <li>• Guarding behavior.</li> <li>• V/S taken as follows:</li> </ul> <p>T: 36.4<br/>P: 85<br/>R: 22<br/>Bp: 110/90</p> | <ul style="list-style-type: none"> <li>• Acute pain related to distention or rupture of fallopian tube.</li> </ul> | <ul style="list-style-type: none"> <li>• Ectopic pregnancy is gestation located outside the uterine cavity. The fertilized ovum implants outside of the uterus, usually in the fallopian tube. Predisposing factors include adhesions of the tube, salpingitis, congenital and developmental anomalies of the fallopian tube, previous ectopic pregnancy,</li> </ul> | <ul style="list-style-type: none"> <li>• After 8 hours of nursing interventions, the patient will be relieved or controlled.</li> </ul> | <p>Independent:</p> <ul style="list-style-type: none"> <li>• Monitor maternal vital signs.</li> <li>• Monitor for presence and amount of vaginal bleeding.</li> <li>• Monitor for increase and pain and abdominal distention and rigidity.</li> <li>• Monitor complete blood count (CBC).</li> <li>• Provide comfort measure like back rubs, deep breathing. Instruct in relaxation or visualization exercises. Provide diversional activities.</li> <li>• Provide diversional</li> </ul> | <ul style="list-style-type: none"> <li>• To determine presence of hypotension and tachycardia caused by rupture or hemorrhage.</li> <li>• To further assess the present situation indicating hemorrhage.</li> <li>• Increased pain and abdominal distention indicates rupture and possible intra-abdominal hemorrhage.</li> <li>• To determine the amount of blood loss.</li> <li>• Promotes relaxation and may enhance patient's coping abilities by refocusing attention.</li> <li>• Diversional activities aids in</li> </ul> | <ul style="list-style-type: none"> <li>• After 8 hours of nursing interventions, the patient was relieved or controlled.</li> </ul> |

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|  |  | use of an intrauterine device for more than 2 years, multiple induced abortions, menstrual reflux , and decreased tubal motility. |  | activities.<br><br>Collaborative: <ul style="list-style-type: none"><li>• Administer analgesics as indicated.</li></ul> | refocusing attention and enhancing coping with limitations. <ul style="list-style-type: none"><li>• To maintain acceptable level of pain.</li></ul> |  |
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