

NURSING CARE PLAN

ASSESSMENT	DIAGNOSIS	INFERENCE	PLANNING	INTERVENTION	RATIONALE	EVALUATION
<p>Subjective:</p> <p>“Natatakot ako sa karamdaman ko” as verbalized by patient.</p> <p>Objective:</p> <ul style="list-style-type: none"> • Increased tension. • Restlessness. • Hopelessness. • V/S taken as follows: <p>T: 37.2 P: 92 R: 20 Bp: 110/90</p>	<ul style="list-style-type: none"> • Fear related to situational crisis. 	<ul style="list-style-type: none"> • Endometrial cancer is one of the most common cancers in women. Usually begins in the endometrium, the lining of the uterus — a hollow, pear-shaped pelvic organ where fetal development occurs. Endometrial cancer is most common after the reproductive years, between the ages of 60 and 70. Endometrial cancer is sometimes called uterine cancer, but there are other cells in the uterus that can become 	<ul style="list-style-type: none"> • After 4 hours of nursing interventions, the patient will display appropriate range of feelings and lessened fear. 	<p>Independent:</p> <ul style="list-style-type: none"> • Review patient’s previous experience with cancer. • Encourage patient to share thoughts and feelings. • Maintain frequent contact with patient. Talk with and touch patient as appropriate. • Provide accurate, consistent information regarding diagnosis and prognosis. • Explain procedures, providing opportunity for questions and 	<ul style="list-style-type: none"> • Clarifies patient’s perceptions and assist in identification of fears and misconceptions based on diagnosis and experience with cancer. • Provides opportunity to examine realistic fears and misconceptions about diagnosis. • Provides assurance that patient is not alone or rejected and fostering trust. • Can reduce anxiety and enable patient to make decision and choices based on realities. • Accurate information allows patient to deal more effectively with 	<ul style="list-style-type: none"> • After 4 hours of nursing interventions, the patient was able to display appropriate range of feelings and lessened fear.

cancerous — such as muscle or myometrial cells. These form much less common cancers called sarcomas and account for less than 5 percent of uterine cancers.

honest answers.

- Promote calm, quiet environment.

Collaborative:

- Refer for additional resources for counseling or support as needed.

the situation, thereby reducing anxiety and fear.

- Facilitates rest, conserves energy, and may enhance coping abilities.

- Maybe useful from time to time to assist patient in dealing with anxiety.

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